

George Mason University
Mason Spring Invitational
 4/11/2015

Session: 1 Field Events
 Start at 10:00 AM

Starts at	Event	Round
10:00 AM	Women Hammer Throw	Finals
10:00 AM	Men Javelin Throw	Finals
10:00 AM	Men Pole Vault	Finals
10:30 AM	Men and Women Long Jump	Finals
12:00 PM	Men High Jump	Finals
12:15 PM	Men Hammer Throw	Finals
12:15 PM	Women Javelin Throw	Finals
2:00 PM	Men and Women Triple Jump	Finals
2:30 PM	Women Pole Vault	Finals
2:30 PM	Men Discus Throw	Finals
2:45 PM	Women Shot Put	Finals
3:00 PM	Women High Jump	Finals
4:45 PM	Men Shot Put	Finals
4:45 PM	Women Discus Throw	Finals

Session: 2 Running Events
 Starts at 12:00 PM

Starts at	Event	Round
12:00 PM	Women 100 Meter Dash	Prelims
12:20 PM	Men 100 Meter Dash	Prelims
12:40 PM	Women 4x100 Meter Relay	Finals
12:55 PM	Men 4x100 Meter Relay	Finals
1:10 PM	Women 100 Meter Hurdles	Prelims
1:35 PM	Men 110 Meter Hurdles	Prelims
1:55 PM	Women 400 Meter Dash	Finals
2:20 PM	Men 400 Meter Dash	Finals
2:45 PM	Men 110 Meter Hurdles	Finals
2:55 PM	Women 100 Meter Hurdles	Finals
3:00 PM	Men 100 Meter Dash	Finals
3:05 PM	Women 100 Meter Dash	Finals
3:15 PM	Women 400 Meter Hurdles	Finals
3:40 PM	Men 400 Meter Hurdles	Finals
4:00 PM	Women 200 Meter Dash	Finals
4:25 PM	Men 200 Meter Dash	Finals
4:50 PM	Women 4x400 Meter Relay	Finals
5:15 PM	Men 4x400 Meter Relay	Finals
<i>5:45pm George Mason Senior Recognition Ceremony</i>		
7:00 PM	Women 800 Meter Run	Finals
7:25 PM	Men 800 Meter Run	Finals
7:50 PM	Women 3000 Meter Steeplechase	Finals
8:05 PM	Men 3000 Meter Steeplechase	Finals
8:20 PM	Women 1500 Meter Run	Finals
8:45 PM	Men 1500 Meter Run	Finals
9:20 PM	Women 5000 Meter Run	Finals
9:40 PM	Men 5000 Meter Run	Finals